



# January Newsletter



**Martin Luther King Jr. Day**

**Dear Parents,**

Happy New Year! Isn't it amazing that it is 2019? We have a lot of exciting things in store for this year! We are looking forward to helping your children learn and grow! We are starting the year off with conferences- please sign up now if you haven't already. To continue with our social and emotional development, this month we will focus on having the children work together to solve a conflict. When a situation occurs, we will encourage the children to come up with different ways to solve the conflict and then they chose the best solution. We have cards in the classroom that the children can look at to help them find

## **Upcoming Events:**

- Jan 1<sup>st</sup>- Closed for New Years
- Jan 4<sup>th</sup>- Alexander's Birthday (3)  
AJ's Birthday (3)
- Jan 8-9<sup>th</sup>- Conferences
- Jan 17<sup>th</sup>- Myla's Birthday (3)
- Jan 21<sup>st</sup>- Closed for MLK Day

## **Solution Cards:**

- Play Together
- Get A Timer
- Wait and Take Turns
- Trade
- Share
- Ask Nicely
- Say, "Please"
- Say, "Please Stop"
- Ignore
- Get a Teacher

a solution. When facing a problem, the children will take the cards off the wall and chose which one they will use to solve their conflict. Kindergarten teachers say that the area most children need more practice in before entering kindergarten is in the area of social/emotional development. Each child needs to be able to meet their own needs and solve their problems on their own so that the teacher can focus on the material being presented. Some ways we are working on this in daycare are by using

Solution cards, using words to express their feelings, and learning ways to calm down (count to 10, take a deep breath, sing a song, walk away, etc.)

**Thank you!**

# Goals:

Infants (9-16 months)	Toddlers ( 1 ½ - 2 )	Preschoolers ( 2 ½ and up)
<p><b>1. Fine Motor-</b> We will play a game where we will bring the child's hands together and clap. Then, we will hide them under a blanket and clap them. She will like to watch her hands go away and come back while learning how to clap.</p> <p><b>2. Gross Motor-</b> Since the children are learning how to walk, we will show them how to push a chair or stool around the room for extra balance.</p> <p><b>3. Social/Emotional-</b> The babies enjoy watching the other children play. This is also how they learn to play with other children. The babies also love to imitate. We will do simple actions and then say "your turn" to see if the baby will copy the action.</p> <p><b>4. Problem Solving-</b> We will give the baby a third toy while she is holding a toy in each hand. We will see if she can figure out a way to take the third toy and hold all three.</p> <p><b>5. Communication-</b> We will work with the children on following simple directions. Asking things like "Where's Nolan?" "Wash your tummy." "Hold the diaper."</p>	<p><b>1. Fine Motor-</b> We will string beads and noodles on yarn to help the children learn how to use two hands at once.</p> <p><b>2. Gross Motor-</b> Since we have been working on catching and throwing balls, this month we will play a game like bowling. The child will either roll or throw the ball to knock down the pins.</p> <p><b>3. Social/Emotional-</b> We are still working on understanding emotions and naming them. On top of that, we are learning how to control our emotions and what to do. For examples, if a child is yelling say "I see you are upset about something, what is something you can do to calm down?" (take a deep breath, count to 10)</p> <p><b>4. Cognitive-</b> We have a sensory area where the children can experience pouring, scooping, and filling. They have to find the right object to use to fill up the containers with beans and rice.</p> <p><b>5. Communication-</b> We will use puppets to help encourage the children to talk and expand their vocabulary. We will try to keep the conversation going by having the puppet ask the child questions.</p>	<p><b>1. Fine Motor-</b> We are continuing to work on scissors skills and how to hold a writing object.</p> <p><b>2. Gross Motor-</b> We are working on balancing and stretching by doing kid yoga!</p> <p><b>3. Social/Emotional-</b> This month we are focusing on having the children solve conflicts on their own by using the solution cards.</p> <p><b>4. Cognitive-</b> We are working on recognizing the letters in the children's name, doing puzzles to help them put the letters in order, and starting to work on writing the letters.</p> <p><b>5. Language and Literacy-</b> While reading a story, we will ask the children "what's that?" "what is going on" to see if they understand what they are hearing and can retell it.</p> <p><b>**Some of these goals are the same as last month since we only had two weeks to work on them- we still need more practice!</b></p>